



Administrative Procedures

AP-608 SEXUAL HEALTH EDUCATION	Date of implementation: Fall 2006 Date of update: March 27, 2026 Date of review: March 27, 2026
	Related Administrative Procedures:

Purpose: To provide guidelines for teaching sexual health outcomes as outlined in Health Education curriculum documents with the Division.

Procedures:

- 1) The provincial Health Education curriculum documents are to be used to guide instruction of topics related to sexual health.
- 2) Student involvement in Health Education courses is compulsory up to Grade 9.
- 3) Communication is to be sent by the classroom teacher or principal to parents/caregivers informing them that topics related to sexual health will be taught as part of the Health Education curriculum.
 - a) This communication must be sent at least two (2) weeks prior to the sexual health content being presented in the Health Education class.
 - b) The communication must indicate the subject matter of the sexual health content and the dates on which the sexual health content will be presented.
 - c) Parents/caregivers have the option of permitting their children to opt out of their Health Education class during instruction of topics related to sexual health.

References: [The Education Act, 1995](#) - Section 197.2