

## Administrative Procedures

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| <b>AP-607</b>      | <b>Date of implementation:</b> Fall 2007   |
|                    | <b>Date of update:</b> February 6, 2026  |
| PHYSICAL EDUCATION | <b>Related Administrative Procedures:</b>  |
|                    | <a href="#">AP-423 Extra-Curricular Activities</a><br><a href="#">AP-440 Outdoor Air Quality</a> |

**Purpose:** To provide guidance to employees when providing a Physical Education program.

The Division supports the concept that the general purpose of the Physical Educational program is to encourage physical development of students and to develop a life-long emphasis on health and wellness. Every school shall make provision for instruction and activities to promote the good health and physical fitness of its pupils.

### Procedures:

- 1) Each principal shall incorporate the provincially recommended time from the Registrar’s Handbook for School Administrators for Physical Education in the instructional program of their school.
- 2) Physical Education instruction shall be guided by the provincial curriculum and every effort will be made to make it inclusive and of benefit to all students.
- 3) Unless consultation between a student, teacher and principal deems alternate attire appropriate, all students are expected to comply with physical education dress standards prescribed by their school.
- 4) Each school is to delivery Physical Education programs in compliance with the Division’s Physical Activities Portal with particular attention paid to the areas of safety, supervision, instruction considerations, facilities and equipment.

### References

[\*Physical Activities Portal\*](#) (internal document)

[\*Registrar’s Handbook for School Administrators\*](#)