



## Daily Illness Pre-Screening

*Please review this information daily prior to entering a Prairie Spirit facility.*

### Symptoms of COVID-19 and other illnesses

Do you have any new onset (or worsening) of the following symptoms?

- Fever
- Headache
- Sore throat
- Runny nose
- Conjunctivitis
- Fatigue
- Diarrhea
- Altered sense of taste or smell
- Difficulty breathing
- Cough
- Muscle and/or joint aches and pains
- Chills
- Nasal congestion
- Dizziness
- Nausea/vomiting
- Loss of appetite
- Shortness of breath

### If you answered “YES” to any symptom(s):

- Stay home
- Consider taking a rapid antigen test
- If test is positive, please follow current government recommendations regarding self-isolation:  
[Self-Isolation | Living with COVID | Government of Saskatchewan](#)
- If negative, stay home until symptoms have significantly improved or are due to known allergies

### If you answered “NO”:

- You may attend Prairie Spirit facilities and functions

### Throughout the day, please remember to:

- Practice good hand hygiene
- Self-monitor for symptoms
- Sanitize touched surfaces and objects as appropriate
- Wear a mask, if you choose to do so