

**Mental Health  
Literacy**



**Diversity and  
Inclusion**



**Student, Parent  
and Community  
Engagement**



**Employee  
Wellness**



**Trauma-informed  
Practice**



# The Essential



Mental Health and Well-being  
for Learning

**PRAIRIE SPIRIT  
SCHOOL DIVISION**

**Food  
Literacy**



**Social Emotional  
Learning**



**Physical  
Literacy**

